

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 2 Boys 100 Meter Dash 1A

Thursday 5/21/2009 - 10:55 AM

Heats against time - 2nd white start from N end

Prelim: Top 8 advance to finals

Final: against time

State Record: 10.84 1996

Jeff Adam, Cardinal

All-Time: 10.10 2002

Adam Haluska, Carroll

Lane	Name	Year	School	Seed	Time
Heat 1 of 3 Prelims					
1	Dodge, Jeremy	11	West Hancock, Britt		
2	Carroll, Jason	09	CWL, Corwith		
3	Wickett, Louie	11	Madrid		
4	Selgeby, Jesse	11	West Lyon, Inwood		
5	Heetland, Trent	12	AGWSR, Ackley		
6	Thoreson, Kyle	10	Alburnett		
7	Tompkins, Mason	12	Montezuma		
8	Arment, Josh	11	Des Moines Christian		
Heat 2 of 3 Prelims					
1	Wood, Jacob	12	Farragut		
2	Doane, Sean	11	West Monona, Onawa		
3	Deeth, Bryce	12	Coon Rapids-Bayard		
4	Huseman, Mike	12	Alta		
5	Bell, Brandon	12	Lamoni		
6	Hobbs, Ridge	12	New London		
7	Steinhoff, Mike	12	Westwood, Sloan		
8	Routh, Kevin	11	Melcher-Dallas		
Heat 3 of 3 Prelims					
1	Dow, Corey	12	South Page, College Springs		
2	Kruckenber, John	11	Postville		
3	McGrew, Matt	11	Don Bosco, Gilbertville		
4	Tonderum, Tyler	11	Armstrong-Ringsted		
5	Voss, Zach	11	George-Little Rock		
6	Ridlen, Brandon	12	Griswold		
7	Shepherd, Spencer	10	WACO, Wayland		
8	VanSant, Denzel	11	B-G-M, Brooklyn		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 10 Boys 200 Meter Dash 1A

Thursday 5/21/2009 - 1:00 PM

Heats against time - 1 turn stagger- white start line NE corner

Prelim: Top 8 advance to finals

Final: against time

State Record:	21.80	2003	Lee Elbert, Bishop Garrigan
All-Time:	20.80	1994	Tim Dwight, Iowa City High

Lane	Name	Year	School	Seed Time
Heat 1 of 3 Prelims				
1	Matthewson, Cody	12	Madrid	
2	Dow, Corey	12	South Page, College Springs	
3	Harris, John	12	Galva-Holstein	
4	Tonderum, Tyler	11	Armstrong-Ringsted	
5	Wickett, Louie	11	Madrid	
6	Huggenberger, Kyle	12	Hinton	
7	Arnold, Sam	11	Northwood-Kensett	
8	Boerm, Brendon	10	North Tama, Traer	
Heat 2 of 3 Prelims				
1	Blake, Milo	10	Bedford	
2	Carroll, Jason	09	CWL, Corwith	
3	Duffield, Travis	12	Pleasantville	
4	Kippley, Randy	12	West Lyon, Inwood	
5	Huseman, Mike	12	Alta	
6	McGrew, Matt	11	Don Bosco, Gilbertville	
7	Klein, Alex	10	Woodbine	
8	Bell, Brandon	12	Lamoni	
Heat 3 of 3 Prelims				
1	Downey, Travis	11	Twin Cedars, Bussey	
2	Zeman, Lucas	11	Lone Tree	
3	Ridlen, Brandon	12	Griswold	
4	Deeth, Bryce	12	Coon Rapids-Bayard	
5	Thoreson, Kyle	10	Alburnett	
6	Nielsen, Mason	11	Central City	
7	Moore, Jackie	11	Lone Tree	
8	Bishop, Mike	09	Sigourney	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Event 18 Boys 400 Meter Dash 1A**

Thursday 5/21/2009 - 1:40 PM

Heats against time - 2 turn stagger

white start line (SW)

State Record: 48.32 5/17/2007 **Jordan Cornilsen, Preston**
All-Time: 47.01 2002 **Calvin Davis, Iowa City High**

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Wurth, Taylor	09	Gehlen Catholic, LeMars	
2	Mason, Jon	10	Iowa Christian Academy	
3	Gramkow, Patrick	12	A-H-S-T, Avoca	
4	Hardy, Cody	11	Villisca	
5	Allen, Austin	10	New London	
6	Boger, Cole	11	Battle Creek-Ida Grove	
7	Larson, Jake	09	Southeast Warren, Liberty Cent	
8	Schreiner, Jon	12	Remsen-Union	
Section 2 of 3 Timed Finals				
1	Ross, Levi	11	Grundy Center	
2	Reeves, Mark	10	Lone Tree	
3	Dow, Corey	12	South Page, College Springs	
4	Fagan, Dominique	11	Northern University High	
5	Franck, Trevor	12	East Buchanan, Winthrop	
6	Rickers, Mitchel	12	Ar-We-Va, Westside	
7	Harris, John	12	Galva-Holstein	
8	Capesius, Brett	11	Bishop Garrigan, Algona	
Section 3 of 3 Timed Finals				
1	Plasencia, Michael	11	Van Meter	
2	Downey, Travis	11	Twin Cedars, Bussey	
3	Brooks, James	12	Belmond-Klemme	
4	Schubert, Jarred	12	Rockford	
5	Burns, Kollin	09	Alburnett	
6	Seiser, Trey	11	Northeast Hamilton, Blairsburg	
7	Stephens, Colby	10	Schaller-Crestland	
8	Roudabush, John	11	B-G-M, Brooklyn	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa

Drake Stadium

Meet Program

Event 26 Boys 800 Meter Run 1A

Saturday 5/23/2009 - 10:30 AM

Heats against time - double waterfall start (SW)

1-8 on back waterfall

9-12 outside waterfall, lane 5-8, 1 turn stagger

State Record: 1:54.04 5/19/2007 Beau Dielschneider, B-C-L-U-W Co

All-Time: 1:49.3h 1975 David Korir, Cedar Rapids Washington

Lane	Name	Year	School	Seed Time
------	------	------	--------	-----------

Section 1 of 2 Timed Finals

1	Lyne, Anthony	12	Earlham	
2	Moews, Ben	11	Van Buren, Keosauqua	
3	Schindel, Brady	10	Hinton	
4	Patterson, Brian	12	Bishop Garrigan, Algona	
5	Kunzmann, Kasey	12	Clay Central-Everly	
6	Hetzel, Trevan	11	Fremont-Mills, Tabor	
7	Wagenaar, Jordan	12	George-Little Rock	
8	Larson, Jake	09	Southeast Warren, Liberty Cent	
9	Angell, Brock	09	Colo-Nesco	
10	Bryan, Marc	11	Madrid	
11	Gerling, Jon	12	Winfield-Mt. Union	
12	Calhoun, Aaron	12	Lawton-Bronson	

Section 2 of 2 Timed Finals

1	McDowell, Lucas	12	Woodbine	
2	Kaufman, Michael	10	Orient-Macksburg	
3	Schares, Evan	12	Don Bosco, Gilbertville	
4	Hoffman, Jared	12	Griswold	
5	Schubert, Jarred	12	Rockford	
6	Johnson, Rick	11	Belmond-Klemme	
7	Sikkema, Drew	12	Prince of Peace Prep, Clinton	
8	Smock, Conner	09	Lisbon	
9	Alexia, Yale	09	Grundy Center	
10	Stevens, Jeff	11	Central City	
11	Koerner, Jonathan	12	Iowa Mennonite, Kalona	
12	Johnston, Daniel	11	Coon Rapids-Bayard	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa

Drake Stadium

Meet Program

Event 34 Boys 1600 Meter Run 1A

Saturday 5/23/2009 - 1:45 PM

Double Waterfall Start

Follow waterfall seeding protocol

1 turn stagger

State Record: 4:20.35 1986

Paul Barnhart, Gehlen Catholic

All-Time: 4:05.6h 1976

Ed DeLashmutt, Fort Madison

Lane	Name	Year	School	Seed Time
------	------	------	--------	-----------

Section 1 of 1 Timed Finals

1	Smock, Conner	09	Lisbon	
2	Drake, Parker	11	AGWSR, Ackley	
3	Siegrist, Aaron	09	West Hancock, Britt	
4	Hoffman, Jared	12	Griswold	
5	Meek, Jamie	11	Griswold	
6	Johnson, Rick	11	Belmond-Klemme	
7	Nielsen, Terry	10	Northern University High	
8	Sikkema, Drew	12	Prince of Peace Prep, Clinton	
9	Beemer, Cody	12	Lisbon	
10	Wood, Tym	11	Fremont-Mills, Tabor	
11	Whirmore, Jay	12	Calamus-Wheatland	
12	Lyne, Anthony	12	Earlham	
13	Veencamp, Joel	10	Madrid	
14	Berberich, Ben	10	Clay Central-Everly	
15	Ogburn, Tyler	10	Corning	
16	Goehring, Brad	11	Van Buren, Keosauqua	
17	Gerling, Jon	12	Winfield-Mt. Union	
18	Hamer, Eric	11	Murray	
19	Manning, Jack	10	Woodward-Granger	
20	Welp, Jay	10	Marcus-Meriden-Cleghorn	
21	Riesenberg, Jack	11	WBend-Mallard/TRV	
22	Ehlers, Garret	11	Battle Creek-Ida Grove	
23	Wagenaar, Jordan	12	George-Little Rock	
24	Boger, Austin	12	Battle Creek-Ida Grove	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Event 42 Boys 3200 Meter Run 1A**

Thursday 5/21/2009 - 10:10 AM

Double Waterfall Start (SW)

Back waterfall Hip 1-16 inside to outside - 2 runners per lane

17-24 on outside waterfall, lane 5-8, 1 turn stagger

State Record: 9:18.22 1986 Paul Barnhart, Gehlen Catholic

All-Time: 8:52.00 1975 Jim Eicken, Davenport Central

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Gerling, Jon	12	Winfield-Mt. Union	
2	Osen, Trevor	11	Guthrie Center	
3	Vonnahme, Jake	12	Ar-We-Va, Westside	
4	Beemer, Cody	12	Lisbon	
5	Smock, Conner	09	Lisbon	
6	Drake, Parker	11	AGWSR, Ackley	
7	Moser, Chase	10	Wapello	
8	Yak, Paul	11	St. Mary, Storm Lake	
9	Worley, Jonny	10	North Butler, Greene	
10	Wagner, Kyle	10	Central, Elkader	
11	Ehlers, Garret	11	Battle Creek-Ida Grove	
12	Wood, Tym	11	Fremont-Mills, Tabor	
13	Berberich, Ben	10	Clay Central-Everly	
14	Powers, Alex	12	Woodbine	
15	Schrodt, Lukas	12	Martensdale-St. Marys	
16	Robinson, David	09	North Tama, Traer	
17	Sikkema, Drew	12	Prince of Peace Prep, Clinton	
18	Inlose, Jeff	12	Mount Ayr	
19	Cruickshank, Casey	09	Sidney	
20	Hinman, Cory	12	Southeast Webster-Grand, Burns	
21	Siegrist, Aaron	09	West Hancock, Britt	
22	Veencamp, John	09	Madrid	
23	Welp, Jay	10	Marcus-Meriden-Cleghorn	
24	Freking, Jordan	12	Gehlen Catholic, LeMars	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 52 Boys 110 Meter Hurdles 1A

Friday 5/22/2009 - 11:20 AM

Heats against time

Prelim: Top 8 advance to finals

39 "hurdles set on blue dashes , 6# pull

State Record: 14.41 1997

Cory Woods, Treynor

All-Time: 13.60 1977

Randy Elliott, Charles City

Lane	Name	Year	School	Seed	Time
------	------	------	--------	------	------

Heat 1 of 3 Prelims

1	Down, Tyler	11	Odebolt-Arthur		
2	McGreal, Jacob	12	Central, Elkader		
3	Jansen, Shane	12	Lynnvile-Sully		
4	Hanson, Will	11	Marcus-Meriden-Cleghorn		
5	Guerdet, Dalton	12	North Sentral Kossuth		
6	Campbell, Tyler	10	Kingsley-Pierson		
7	Meyer, Justin	11	Belmond-Klemme		
8	Fichter, Jeremiah	11	Fremont-Mills, Tabor		

Heat 2 of 3 Prelims

1	Bown, Kyle	10	Martensdale-St. Marys		
2	Zimmerman, Reid	10	Elk Horn-Kimballton		
3	Brandhorst, Sean	12	Central City		
4	Altenhofen, Ryan	11	Keota		
5	Carlson, Jake	11	West Hancock, Britt		
6	Gilmore, Alex	10	Van Meter		
7	Wedemeier, Tyler	12	West Central, Maynard		
8	Thoreson, Tyson	10	Galva-Holstein		

Heat 3 of 3 Prelims

1	Birt, Marcus	12	Essex		
2	Youel, Dylan	11	North Tama, Traer		
3	Atkinson, Wes	10	Winfield-Mt. Union		
4	Unkrich, Kerry	11	Winfield-Mt. Union		
5	Hildreth, Aaron	12	Southern Cal, Lake City		
6	Nelsen, Hunter	10	A-H-S-T, Avoca		
7	Efkamp, Nick	10	Madrid		
8	Berry, Cody	11	Woodward Academy		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 61 Boys 400 Meter Hurdles 1A

Friday 5/22/2009 - 9:40 AM

Heats against time

2 turn stagger, white start, 30" on green dashes (pull 6#)

white start line (SW)

State Record: 53.69 5/19/2006 Brant McCuen, Corning

All-Time: 50.96 1996 Dustin Avey, Ames

Lane	Name	Year	School	Seed	Time
------	------	------	--------	------	------

Section 1 of 3 Timed Finals

1	Badgerow, Kyle	09	Kingsley-Pierson		
2	Buhrow, Kaleb	11	West Central, Maynard		
3	Boger, Cole	11	Battle Creek-Ida Grove		
4	Bown, Kyle	10	Martensdale-St. Marys		
5	Drewis, Andrew	12	Tripoli		
6	Carlson, Christopher	11	Akron-Westfield		
7	Lee, Nathan	12	Woodbine		
8	Pedersen, Preston	10	Central Decatur, Leon		

Section 2 of 3 Timed Finals

1	Birt, Marcus	12	Essex		
2	Snakenberg, Matt	12	Sigourney		
3	Hugen, Jake	12	Twin Cedars, Bussey		
4	Klett, Austin	11	Clay Central-Everly		
5	Hemeter, Russell	11	Farragut		
6	Richardson, Kelan	12	Southern Cal, Lake City		
7	Harris, Khalil	11	Woodward Academy		
8	Hamilton, Dillan	11	Walnut		

Section 3 of 3 Timed Finals

1	Kronemann, Ethan	11	West Hancock, Britt		
2	Jacobsmeier, Taylor	11	Wapello		
3	Efkamp, Nick	10	Madrid		
4	Franck, Trevor	12	East Buchanan, Winthrop		
5	Brandhorst, Sean	12	Central City		
6	Smith, Andrew	12	Exira		
7	Schubert, Jarred	12	Rockford		
8	Unkrich, Kerry	11	Winfield-Mt. Union		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Event 71 Boys 4x100 Meter Relay 1A**

Friday 5/22/2009 - 12:40 PM

Heats against time - 2 turn stagger - white start (SW)

Prelim: Top 8 advance to finals

zones - all yellow

State Record: 43.01 2003 Lisbon, Lisbon
M. Stephens, N. Dains, M. Murphy, D. Stephens
All-Time: 41.33 1996 Iowa City High, Iowa City High

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Des Moines Christian		
	1) Arment, Josh 11	2) Stubbs, Austin 09	3) Rockwell, Ryan 12
	5) Clinton, Danny 09	6) Baehr, Bobby 12	4) Schroder, Reed 12
2	Northwood-Kensett		
	1) Reyerson, Erik 12	2) Davidson, Trevor 12	3) Capitani, Spencer 10
	5) Olson, Jayson 11	6) Davidson, Jesse 12	4) Arnold, Sam 11
3	Southern Cal, Lake City		
	1) Wernimont, Jamie 10	2) Richardson, Kelan 12	3) Vogel, Eric 12
	5) Meyer, Greg 11	6) Steinkamp, Greg 12	4) Hildreth, Aaron 12
4	St. Albert, Council Bluffs		
	1) Romano, Rick 11	2) Butcher, Matt 11	3) Gentile, Jake 10
	5) Haug, Tyler 12	6) Hansen, Reece 10	4) Zajic, Ryan 12
5	Madrid		
	1) Wickett, Louie 11	2) Efkamp, Nick 10	3) Johnson, Jeremy 09
	5) Loew, Drew 12	6) Manthe, CJ 09	4) Matthewson, Cody 12
6	Lone Tree		
	1) Moore, Jackie 11	2) Larew, Zach 12	3) Reeves, Mark 10
	5) Slaughter, Ryan 12	6) Rossmann, Keaton 12	4) Zeman, Lucas 11
7	Lawton-Bronson		
	1) Imel, Joel 10	2) Keleher, Levi 11	3) McCnaughton, Conner
	5) Tolkamp, Mike 11	6) Oehlerking, Mkenna 09	4) Miller, Dakota 12
8	Lamoni		
	1) Morris, Tyler 11	2) Jones, Matt 12	3) Carr, Alex 09
	5) Furlong, Kyle 12	6) Stuck, Max 10	4) Bell, Brandon 12

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa****Drake Stadium****Meet Program****Heat 2 of 3 Prelims...(Event 71 Boys 4x100 Meter Relay 1A)**

1	Janesville 1) Hovenga, Josh 11 5) Brace, Luke 12	2) Despard, Jeremy 11 6) Alderman, Isaac 12	3) Mattingly, Ryan 11	4) Reeves, Sam 12
2	WACO, Wayland 1) Coakley, Austin 10 5) Freyenberger, Justin 09	2) Graber, Justin 11 6) McArtor, Brian 10	3) Morrow, Tad 11	4) Shepherd, Spencer 10
3	Central City 1) Brandhorst, Sean 12 5) Caryl, Jacob 12	2) Rochford, John 11 6) Phillips, Brad 10	3) Nielsen, Dylan 12	4) Nielsen, Mason 11
4	Alburnett 1) Lagerquist, Tyler 11 5) McBurney, Kaleb 09	2) Burns, Kollin 09 6) Lovell, Jed 09	3) Thomas, Brett 11	4) Thoreson, Kyle 10
5	Griswold 1) Mosier, Tyler 5) Schoning, Zac 11	2) Vetter, Jacob 12 6) Ward, Cameron 12	3) Jahnke, Chase 09	4) Ridlen, Brandon 12
6	Tri-County, Thornburg 1) Armstrong, Mike 11 5) Ryals, Levi 09	2) Shaull, Isaac 09 6) Molyneux, Josh 12	3) Thomas, Andy 11	4) Brumbaugh, Colt 11
7	West Hancock, Britt 1) Carlson, Jake 11 5) Burgardt, Nick 10	2) Brown, Richie 12 6) Kronemann, Ethan 11	3) Johanson, Dillon 11	4) Dodge, Jeremy 11
8	Stanton 1) Oltmanns, Jeremy 12 5) McCarthy, Zach 11	2) Whigham, Alex 11 6) Focht, Grant 12	3) Focht, Greg 09	4) McArdle, Grant 12

Heat 3 of 3 Prelims

1	Sidney 1) Crouch, Triston 11 5) Schaaf, Trevor 10	2) Barrett, Jacob 12 6) Owen, Kyle 10	3) Huntley, Heath 11	4) Inman, Tyler 11
2	Pleasantville 1) Lester, Cass 12 5) Persoon, Eric 12	2) Duffield, Travis 12 6) Kirby, Colby 12	3) Bacon, Scott 12	4) Cummings, Connor 11
3	Marcus-Meriden-Cleghorn 1) Lehnhoff, Jacob 12 5) Mayrose, Chris 10	2) Nelson, Lukas 12 6) Hanson, Will 11	3) Erdman, Blake 10	4) Dammann, Blaine 12
4	Bishop Garrigan, Algona 1) Bradley, Jack 12 5) Elbert, Kevin 09	2) Price, Zach 10 6) Reding, David 11	3) Capesius, Brett 11	4) Behr, Jacob 10
5	West Lyon, Inwood 1) Selgeby, Jesse 11 5) Al-Ostaz, Sully 09	2) Stai, Brian 12 6) Rice, Swen 11	3) Doorneweerd, Cody 12	4) Kippley, Randy 12
6	Keota 1) Olson, Nick 11 5) Horning, Dillon 11	2) Sieren, Tyler 11 6) Hammes, Evan	3) Carr, Ryan 12	4) Altenhofen, Ryan 11
7	Battle Creek-Ida Grove 1) Wilcke, Chaps 11 5) Lobato, David 10	2) Treiber, Austin 10 6) Hupke, Dylan 10	3) Nicholson, Dylan 12	4) Boger, Cole 11
8	Grundy Center 1) Ross, Spencer 12 5) Ross, Levi 11	2) Mauer, Jason 11 6) Noteboom, Derek 11	3) Wrage, Dalton 10	4) Delagardelle, Jacob 12

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 79 Boys 4x200 Meter Relay 1A

Friday 5/22/2009 - 10:20 AM

Heats against time - 4 turn stagger -red start SW corner

2nd & 3rd runner red exchange

4th runner - yellow

State Record: 1:29.62 1997

Panorama, Panorama

J. McDermott, B. McFadden, S. Moylan, T. Geopfert

All-Time: 1:26.40 1997

Iowa City High, Iowa City High

Lane	Team	Relay	Seed Time
Section 1 of 3 Timed Finals			
1	Westwood, Sloan		
	1) Gillaspie, Kody 12	2) Steinhoff, Mike 12	3) Kerns, Nate 12
	5) Kounkel, Joel 10	6) Shattuck, Jaimon 09	4) Croghan, John 12
2	B-G-M, Brooklyn		
	1) VanSant, Denzel 11	2) Carnes, Todd 12	3) Faas, Matt 12
	5) Brau, Danny 09	6) Faas, Chase 09	4) Kriegel, Tyler 12
3	WACO, Wayland		
	1) Coakley, Austin 10	2) Morrow, Tad 11	3) Graber, Justin 11
	5) Mitchell, Matt 11	6) Stauffer, Brady 10	4) Shepherd, Spencer 10
4	Southeast Warren, Liberty Cent		
	1) Mason, Torey	2) Schurman, Evan	3) Allen, Austin
	5) Davis, Carl 09	6) Owens, Travis	4) Thornton, Skylar 12
5	Galva-Holstein		
	1) Bubke, Collin 12	2) Johnson, Seth 09	3) McAreavy, Patrick 12
	5) Jacobson, Kellen 12	6) Schlinz, Jared 12	4) Harris, John 12
6	Keota		
	1) Sieren, Tyler 11	2) Horning, Dillon 11	3) Carr, Ryan 12
	5) Altenhofen, Ryan 11	6) Hammes, Evan	4) Olson, Nick 11
7	Grundy Center		
	1) Ross, Spencer 12	2) Mauer, Jason 11	3) Wrage, Dalton 10
	5) Ross, Levi 11	6) Hook, Travis 12	4) Delagardelle, Jacob 12
8	Sidney		
	1) Inman, Tyler 11	2) Crouch, Triston 11	3) Huntley, Heath 11
	5) Schaaf, Trevor 10	6) Anderson, Brandon 11	4) Graham, Jordan 12

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Section 2 of 3 Timed Finals...(Event 79 Boys 4x200 Meter Relay 1A)**

- | | | | | | |
|---|-----------------------------------|--------------------------|-------------------------|-------------------------|------------------------|
| 1 | Bedford | 1) Blake, Milo 10 | 2) Morris, Cody 09 | 3) Wiederin, Cody 11 | 4) Mattes, Brent 12 |
| | | 5) Lindenmeyer, Chris 11 | 6) Dougherty, Travis 10 | | |
| 2 | Lone Tree | 1) Larew, Zach 12 | 2) Moore, Jackie 11 | 3) Slaughter, Ryan 12 | 4) Zeman, Lucas 11 |
| | | 5) Reeves, Mark 10 | 6) Raynor, Quinn 11 | | |
| 3 | West Hancock, Britt | 1) Nielsen, Jamie 11 | 2) Johanson, Dillon 11 | 3) Brown, Richie 12 | 4) Dodge, Jeremy 11 |
| | | 5) Schleuger, Zac 09 | 6) Burgardt, Nick 10 | | |
| 4 | Northwood-Kensett | 1) Reyerson, Erik 12 | 2) Davidson, Trevor 12 | 3) Capitani, Spencer 10 | 4) Arnold, Sam 11 |
| | | 5) Davidson, Jesse 12 | 6) Werner, Nic 09 | | |
| 5 | Marcus-Meriden-Cleghorn | 1) Lehnhoff, Jacob 12 | 2) Nelson, Lukas 12 | 3) Erdman, Blake 10 | 4) Dammann, Blaine 12 |
| | | 5) Mayrose, Chris 10 | 6) Hanson, Will 11 | | |
| 6 | AGWSR, Ackley | 1) Johnson, Evan 10 | 2) Woodman, Pete 10 | 3) Guevara, Cesar 11 | 4) Heetland, Trent 12 |
| | | 5) Rabbit, Cole 11 | 6) Blanchard, Caleb 11 | | |
| 7 | Glidden-Ralston | 1) Schon, Lee 11 | 2) Hoyle, Wade 10 | 3) Hackett, Taylor 10 | 4) Van Scoy, Trevor 12 |
| | | 5) Ware, Matthew 09 | | | |
| 8 | St. Albert, Council Bluffs | 1) Gentile, Jake 10 | 2) Hansen, Reece 10 | 3) Haug, Tyler 12 | 4) Zajic, Ryan 12 |
| | | 5) Butcher, Matt 11 | 6) Russell, Mickey 10 | | |

Section 3 of 3 Timed Finals

- | | | | | | |
|---|--------------------------------|--------------------------|------------------------|-------------------------|------------------------|
| 1 | Central City | 1) Brandhorst, Sean 12 | 2) Rochford, John 11 | 3) Nielsen, Dylan 12 | 4) Nielsen, Mason 11 |
| | | 5) Caryl, Jacob 12 | 6) Phillips, Brad 10 | | |
| 2 | Bishop Garrigan, Algona | 1) Bradley, Jack 12 | 2) Price, Zach 10 | 3) Elbert, Kevin 09 | 4) Behr, Jacob 10 |
| | | 5) Capesius, Brett 11 | 6) Reding, David 11 | | |
| 3 | Guthrie Center | 1) Clark, Brandon 10 | 2) Lacey, Jake | 3) Clark, Justin 10 | 4) Albright, Jordan 12 |
| | | 5) Robson, Dylan 10 | 6) Dahl, Jared 11 | | |
| 4 | Madrid | 1) Wickett, Louie 11 | 2) Efkamp, Nick 10 | 3) Johnson, Jeremy 09 | 4) Matthewson, Cody 12 |
| | | 5) Loew, Drew 12 | 6) Cosens, Bo 10 | | |
| 5 | Pleasantville | 1) Persoon, Eric 12 | 2) Bacon, Scott 12 | 3) Cummings, Connor 11 | 4) Duffield, Travis 12 |
| | | 5) Koerselman, Bryan 10 | 6) Allen, Kyle 12 | | |
| 6 | Alburnett | 1) Lagerquist, Tyler 11 | 2) Gross, Collin | 3) Thomas, Brett 11 | 4) Thoreson, Kyle 10 |
| | | 5) Burns, Kollin 09 | 6) Sadler, Kevin | | |
| 7 | West Lyon, Inwood | 1) Selgeby, Jesse 11 | 2) Stai, Brian 12 | 3) Doorneweerd, Cody 12 | 4) Kippley, Randy 12 |
| | | 5) Al-Ostaz, Sully 09 | 6) Rice, Swen 11 | | |
| 8 | Armstrong-Ringsted | 1) LaBore, Tanner 12 | 2) Feddersen, Tyler 09 | 3) Hantelman, Travis 10 | 4) Tonderum, Tyler 11 |
| | | 5) Eisenbacher, Ethan 11 | | | |

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 87 Boys 4x400 Meter Relay 1A

Friday 5/22/2009 - 1:20 PM

Prelim: Top 8 fastest times / 3 turn stagger. Blue start

#2 Blue exchange, cut at break line SE Corner

#3 & #4 runner blue back line

Final: time basis

State Record: 3:22.13 5/20/2006 North Linn Troy Mills, North Linn
T Sherman, T Holub, J Waring, S Schuhmacher

All-Time: 3:16.6h 1979 Indianola, Indianola

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Lone Tree		
	1) Moore, Jackie 11	2) Slaughter, Ryan 12	3) Zeman, Lucas 11
	5) Larew, Zach 12	6) Havel, Luke 11	4) Reeves, Mark 10
2	South O'Brien, Paullina		
	1) Hibbing, Grant 12	2) Faust, Mike 11	3) Syndergaard, Jarod 11
	5) Schroeder, Taylor 12	6) Rehder, Cody 11	4) Zimmer, Dillan 10
3	Armstrong-Ringsted		
	1) Tonderum, Tyler 11	2) Tigges, Craig 11	3) LaBore, Tanner 12
	5) Eisenbacher, Ethan 11	6) Feddersen, Tyler 09	4) Hantelman, Travis 10
4	Guthrie Center		
	1) Clark, Justin 10	2) Lacey, Jake	3) Albright, Jordan 12
	5) Robson, Dylan 10	6) Immerman, Brick 10	4) Clark, Brandon 10
5	Preston		
	1) Federsen, Jason 09	2) Baughman, Jake 12	3) Jacobs, David 10
	5) Hughes, Austin 11	6) Henningsen, Zach 10	4) Feller, Kyle
6	Belmond-Klemme		
	1) Fink, Bob 11	2) Wilhelm, Joel 11	3) Reichenauer, Kenny 11
	5) Hildebrand, Josh 12	6) Bruns, Mike 12	4) Brooks, James 12
7	Twin Cedars, Bussey		
	1) Reid, Sheldon 12	2) Hugen, Jake 12	3) Vissing, Peter 12
	5) Gilbert, Ricky 12	6) Wimmer, Brett 10	4) Downey, Travis 11
8	Lawton-Bronson		
	1) Imel, Joel 10	2) McCnaughton, Conner 10	3) Keleher, Levi 11
	5) Oates, Garrett 09	6) Logsdon, Rob 10	4) Miller, Dakota 12

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa****Drake Stadium****Meet Program****Heat 2 of 3 Prelims...(Event 87 Boys 4x400 Meter Relay 1A)**

- | | | | | |
|---|---|---|------------------------|--------------------------|
| 1 | Van Buren, Keosauqua
1) McClaran, Kelby 11
5) Kruse, Josh 12 | 2) Halverson, Dennis 12
6) Goehring, Brad 11 | 3) Watson, Spencer 10 | 4) Griffith, Ben 11 |
| 2 | B-G-M, Brooklyn
1) Beatty, Greg 11
5) Beck, Nick 11 | 2) Kriegel, Tyler 12
6) Gritsch, Spencer 09 | 3) Beck, John 10 | 4) Roudabush, John 11 |
| 3 | AGWSR, Ackley
1) Johnson, Evan 10
5) Deters, Jake 11 | 2) Bagley, Jake 10
6) Mills, Jordan 10 | 3) Guevara, Cesar 11 | 4) Heetland, Trent 12 |
| 4 | Alburnett
1) Dierks, Ollie 11
5) Neighbor, Jordan | 2) Sadler, Kevin
6) Thoreson, Kyle 10 | 3) Thomas, Brett 11 | 4) Burns, Kollin 09 |
| 5 | Bishop Garrigan, Algona
1) Price, Zach 10
5) Magill, Drew 10 | 2) Patterson, Brian 12
6) Behr, Jacob 10 | 3) Bradley, Jack 12 | 4) Capesius, Brett 11 |
| 6 | Van Meter
1) Goranson, James 10
5) Cooley, Patrick 12 | 2) Bruton, Kaden 11
6) Fisher, Ben 11 | 3) Reicks, Tyler 09 | 4) Plasencia, Michael 11 |
| 7 | Orient-Macksburg
1) Cruz, Tony 12
5) Barnett, Dean 11 | 2) Ritchart, Kyle 12
6) Brown, Aaron 09 | 3) Kaufman, Michael 10 | 4) Carr, Matt 12 |
| 8 | Madrid
1) Loew, Drew 12
5) Efkamp, Nick 10 | 2) Armstrong, Scott 11
6) Manthe, CJ 09 | 3) Cosens, Bo 10 | 4) Johnson, Jeremy 09 |

Heat 3 of 3 Prelims

- | | | | | |
|---|---|---|------------------------|------------------------|
| 1 | Woodward Academy
1) Baker, Shannon 09
5) Berry, Cody 11 | 2) Broger, Jeff 09
6) Archibald, Alan 11 | 3) Harris, Khalil 11 | 4) Cross, Shane 12 |
| 2 | Tripoli
1) Drewis, Andrew 12
5) Drewis, Austin 09 | 2) Waddell, Kody 10
6) Nilges, Cody 10 | 3) Johansen, Tory 12 | 4) Rieck, Marcus 09 |
| 3 | George-Little Rock
1) Van Briesen, Ethan 10
5) Nagel, Matt 09 | 2) Voss, Zach 11
6) Schilling, Eric 09 | 3) Eben, Andrew 12 | 4) Timmerman, Eric 12 |
| 4 | Pleasantville
1) Persoon, Eric 12
5) Beier, Bobby 10 | 2) Koerselman, Bryan 10
6) Burgett, Jake 09 | 3) Cummings, Connor 11 | 4) Duffield, Travis 12 |
| 5 | Griswold
1) Rush, Keith 12
5) Meek, Jamie 11 | 2) Cousins, Landon 11
6) Drogo, Anthony 12 | 3) Jahnke, Chase 09 | 4) Hoffman, Jared 12 |
| 6 | Bedford
1) Morris, Cody 09
5) Walston, Jordan 10 | 2) Lindenmeyer, Chris 11
6) Clark, Nathan 11 | 3) Mattes, Brent 12 | 4) Blake, Milo 10 |
| 7 | West Hancock, Britt
1) Kronemann, Ethan 11
5) Siegrist, Aaron 09 | 2) Johanson, Dillon 11
6) Walk, Bret 10 | 3) Burgardt, Nick 10 | 4) Carlson, Jake 11 |
| 8 | Woodbine
1) Oliver, Carter
5) Sprecker, Cayde 12 | 2) Klein, Alex 10
6) Taylor, Adam 11 | 3) Lee, Nathan 12 | 4) McDowell, Lucas 12 |

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 95 Boys 4x800 Meter Relay 1A

Thursday 5/21/2009 - 12:00 PM

Double waterfall start

1-8 on back waterfall

9-12 outside waterfall, lane 5-8, 1 turn stagger

exchange zone - blue back line

State Record: 8:03.06 5/18/2006 B-C-L-U-W Conrad, B-C-L-U-W Conrad
L Higgins, S Coulter, N Eckerman, B Dielschneider
Ames, Ames

All-Time: 7:44.06 1987

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Northeast Hamilton, Blairsburg		
	1) McGowen, Seth 11	2) Harreld, Clay 09	3) Timm, Dillon 10
	5) Rapp, Caleb 10	6) Seiser, Trey 11	4) Woiwood, Ryan 10
2	H-L-V, Victor		
	1) Zehr, Nic 11	2) Smith, Jordan 11	3) McClenathan, Dillon 09
	5) Tuttle, Austin 10	6) Tuttle, Nick 09	4) Blomme, Scott 12
3	B-G-M, Brooklyn		
	1) Beatty, Greg 11	2) Kriegel, Tyler 12	3) Beck, John 10
	5) Holder, Hueston 11	6) Lott, Dalton 11	4) Roudabush, John 11
4	Edgewood-Colesburg		
	1) Dolan, Ben 12	2) Lueken, Dakota 11	3) Fern, Alex 11
	5) Kerns, Payson 10	6) Hansen, Cory 10	4) Willenborg, Eric 12
5	Woodbine		
	1) Quick, Austin 10	2) Lee, Nathan 12	3) Oliver, Carter
	5) Lenz, Ethan 10	6) Sprecker, Cayde 12	4) McDowell, Lucas 12
6	Earlham		
	1) Boyd, Jamie 11	2) Hensley, Jake 09	3) Vanderheiden, Brett 10
	5) Ory, Joe 11	6) Reynolds, Zach 11	4) Lyne, Anthony 12
7	Southeast Warren, Liberty Cent		
	1) Larson, Jake 09	2) Brungardt, garret	3) Owens, Travis
	5) Byers, Brad 09	6) Nutting, Seth 09	4) Ripperger, Joe 12
8	Van Buren, Keosauqua		
	1) Pedrick, David 12	2) Moews, Ben 11	3) Watson, Spencer 10
	5) McClaran, Kelby 11	6) Pilcher, Zach 11	4) Goehring, Brad 11
9	Rockwell City-Lytton		
	1) Simpson, Jacob 09	2) Riley, Colten	3) Glasnapp, Wyatt 10
	5) Gray, Chris 10	6) Linder, Jackson 10	4) Monahan, Shawn 11
10	Wapello		
	1) Moser, Bennett 10	2) Jacobsmeier, Taylor 11	3) Webb, Brock 11
	5) Moser, Chase 10	6) Burke, Hogan 09	4) Lafayette, Jacob 10
11	George-Little Rock		
	1) Van Briesen, Ethan 10	2) Schilling, Eric 09	3) Wagenaar, Jordan 12
	5) Rosenboom, Judd 09	6) Sandbulte, Colin 09	4) Timmerman, Eric 12
12	West Lyon, Inwood		
	1) Halma, Keegan 12	2) Standley, Michael 11	3) Bosler, Henry 11
	5) Grotewold, Tanner 10	6) Kruse, Tyler 09	4) Kerkvliet, Jordan 09

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa****Drake Stadium****Meet Program****Section 2 of 2 Timed Finals...(Event 95 Boys 4x800 Meter Relay 1A)**

- | | | | | | |
|----|-----------------------------------|--------------------------|-------------------------|-----------------------------|-----------------------|
| 1 | Fremont-Mills, Tabor | 1) Wood, Tym 11 | 2) Greiner, Joey 12 | 3) Hetzel, Trevan 11 | 4) Miller, Dylan 12 |
| | | 5) Ware, Thomas 12 | 6) Donnelly, Alex 09 | | |
| 2 | North Iowa, Buffalo Center | 1) Matson, Ben 11 | 2) Campos, Napoleon 12 | 3) Charlson, Joey 11 | 4) Hovland, Logan 10 |
| | | 5) Long, Alex 12 | 6) Olthoff, Chad 11 | | |
| 3 | Bishop Garrigan, Algona | 1) Patterson, Brian 12 | 2) Hellman, Ben 12 | 3) Boisjolie, Alex 09 | 4) Capesius, Brett 11 |
| | | 5) Magill, Drew 10 | 6) Reding, Grant 09 | | |
| 4 | Belmond-Klemme | 1) Wilhelm, Joel 11 | 2) Meyer, Justin 11 | 3) van der Linden, Grant 09 | 4) Johnson, Rick 11 |
| | | 5) Bruns, Mike 12 | 6) Collins, Greg 10 | | |
| 5 | Griswold | 1) Ridlen, Josh | 2) Meek, Jamie 11 | 3) Jahnke, Chase 09 | 4) Hoffman, Jared 12 |
| | | 5) Haynes, Austan 12 | 6) Drogo, Anthony 12 | | |
| 6 | St. Albert, Council Bluffs | 1) Russell, Mickey 10 | 2) Vermillion, Matt 09 | 3) Gorman, Tom 12 | 4) Finn, Ian 11 |
| | | 5) Hansen, Reece 10 | 6) Guinan, Kevin 11 | | |
| 7 | AGWSR, Ackley | 1) Guevara, Cesar 11 | 2) Johnson, Evan 10 | 3) Mills, Jordan 10 | 4) Drake, Parker 11 |
| | | 5) Mcdowell, Jory 12 | 6) Platzgraff, Brett 11 | | |
| 8 | Tripoli | 1) Nilges, Cody 10 | 2) Drewis, Austin 09 | 3) Schemmel, Nick 11 | 4) Johansen, Tory 12 |
| | | 5) Drewis, Andrew 12 | 6) Lohmann, Lucas 10 | | |
| 9 | Schaller-Crestland | 1) Newell, Kyle 11 | 2) Wedeking, Ray 12 | 3) Dahm, Kyle 11 | 4) Stephens, Colby 10 |
| | | 5) Irwin, Trevor 10 | 6) Clark, Heath 09 | | |
| 10 | Orient-Macksburg | 1) Kaufman, Michael 10 | 2) Davis, Alex 09 | 3) Barnett, Dean 11 | 4) Carr, Matt 12 |
| | | 5) Carr, Nate 09 | 6) Cooley, Mark 09 | | |
| 11 | West Harrison, Mondamin | 1) Christensen, Lucas 10 | 2) Baker, Austin 12 | 3) Nunez, A.J. 12 | 4) Roden, Joe 10 |
| | | 5) Davis, Peter 11 | 6) Earlywine, Ethan 10 | | |
| 12 | East Buchanan, Winthrop | 1) Slattery, Landon 12 | 2) Bartachek, Ross 12 | 3) Barth, Brent 09 | 4) Franck, Trevor 12 |
| | | 5) Baragary, Mark 12 | 6) Wolfe, Derek 12 | | |

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 109 Boys Distance Medley 1A

Friday 5/22/2009 - 12:00 PM

Heats against time - 3 turn stagger - blue start SW corner

#2 blue, #3 blue triangles

4th runner blue back line, cut at SE break line

200/200/400/800

State Record: 3:32.40 1994

West Marshall, West Marshall

B. Karsjens, B. Kilker, R. Affeldt, B. Smith

All-Time: 3:22.69 2001

Iowa City High, Iowa City High

Lane	Team	Relay	Seed Time
Section 1 of 3 Timed Finals			
1	West Harrison, Mondamin		
	1) Christensen, Lucas 10	2) Bryceson, Cale 12	3) Nunez, A.J. 12
	5) Pearce, Jimmy 10	6) Baker, Austin 12	4) Roden, Joe 10
2	Northeast Hamilton, Blairsburg		
	1) McGowen, Seth 11	2) Seaman, Zac 12	3) Seiser, Trey 11
	5) Mechaelsen, Marcus 09	6) Rapp, Caleb 10	4) Woiwood, Ryan 10
3	Van Buren, Keosauqua		
	1) Halverson, Dennis 12	2) Watson, Spencer 10	3) Griffith, Ben 11
	5) McClaran, Kelby 11	6) Moews, Ben 11	4) Goehring, Brad 11
4	Fremont-Mills, Tabor		
	1) Gray, Cody 11	2) Greiner, Joey 12	3) Miller, Dylan 12
	5) Herrick, Brandon 12	6) Hetzel, Trevan 11	4) Wood, Tym 11
5	Schaller-Crestland		
	1) Waters, Dillon 11	2) Stephens, Colby 10	3) Newell, Kyle 11
	5) Dahm, Kyle 11	6) Blenner, Andy 12	4) Wedeking, Ray 12
6	New London		
	1) Fry, Ben 12	2) Hobbs, Ridge 12	3) Allen, Austin 10
	5) Hicks, Jacob 11	6) Neff, Kyle 12	4) Oliver, Chris 12
7	Madrid		
	1) Manthe, CJ 09	2) Johnson, Jeremy 09	3) Loew, Drew 12
	5) Matthewson, Cody 12	6) Armstrong, Scott 11	4) Mahoney, Johny
8	Woodbine		
	1) Hedstrom, Austin	2) Klein, Alex 10	3) Sprecker, Cayde 12
	5) Lee, Nathan 12	6) McDowell, Lucas 12	4) Oliver, Carter

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Section 2 of 3 Timed Finals...(Event 109 Boys Distance Medley 1A)**

- | | | | | |
|---|---------------------------------------|---------------------------|-----------------------|------------------------|
| 1 | Marcus-Meriden-Cleghorn | | | |
| | 1) Lehnhoff, Jacob 12 | 2) Dammann, Blaine 12 | 3) Bunt, Neal 10 | 4) Welp, Jay 10 |
| | 5) Erdman, Blake 10 | 6) Nelson, Lukas 12 | | |
| 2 | Aplington-Parkersburg | | | |
| | 1) Haege, Matt 11 | 2) Bellows, Dylan 11 | 3) Choate, Jordan 12 | 4) McDaniel, Alex 11 |
| | 5) Cordes, Sam 11 | 6) Clark, Jimmy 11 | | |
| 3 | Earlham | | | |
| | 1) Ory, Joe 11 | 2) Vanderheiden, Brett 10 | 3) Hensley, Jake 09 | 4) Lyne, Anthony 12 |
| | 5) Boyd, Jamie 11 | 6) Reynolds, Zach 11 | | |
| 4 | Southeast Warren, Liberty Cent | | | |
| | 1) Mason, Torey | 2) Thornton, Skylar 12 | 3) Schurman, Evan | 4) Ripperger, Joe 12 |
| | 5) Larson, Jake 09 | 6) Owens, Travis | | |
| 5 | North Iowa, Buffalo Center | | | |
| | 1) Rahe, Jason 09 | 2) Long, Alex 12 | 3) Matson, Ben 11 | 4) Hovland, Logan 10 |
| | 5) Olthoff, Chad 11 | 6) Campos, Napoleon 12 | | |
| 6 | East Buchanan, Winthrop | | | |
| | 1) Wolfe, Derek 12 | 2) Gerbracht, Jordon 11 | 3) Bartachek, Ross 12 | 4) Barth, Brent 09 |
| | 5) Franck, Trevor 12 | 6) Kerkove, Dan 12 | | |
| 7 | Preston | | | |
| | 1) Feller, Kyle | 2) Hughes, Austin 11 | 3) Baughman, Jake 12 | 4) Henningsen, Zach 10 |
| | 5) Federsen, Jason 09 | 6) Jacobs, David 10 | | |
| 8 | Orient-Macksburg | | | |
| | 1) Richart, Kyle 12 | 2) Brown, Aaron 09 | 3) Cruz, Tony 12 | 4) Carr, Matt 12 |
| | 5) Kaufman, Michael 10 | 6) Barnett, Dean 11 | | |

Section 3 of 3 Timed Finals

- | | | | | |
|---|---------------------------|--------------------------|-----------------------|-----------------------|
| 1 | Newell-Fonda | | | |
| | 1) Bohe, Brad 10 | 2) daSilva, Alex 11 | 3) Wells, Cody 11 | 4) Ryherd, Patrick 12 |
| | 5) Gerdes, Alan 10 | 6) Nielsen, Brandon 10 | | |
| 2 | Lisbon | | | |
| | 1) Marshall, John 11 | 2) Bahl, Michael 11 | 3) Beemer, Cody 12 | 4) Smock, Conner 09 |
| | 5) West, Zach 10 | 6) Stewart, Joey 09 | | |
| 3 | Belmond-Klemme | | | |
| | 1) Hildebrand, Josh 12 | 2) Brooks, James 12 | 3) Fink, Bob 11 | 4) Meyer, Justin 11 |
| | 5) Wessels, Cole 12 | 6) Johnson, Rick 11 | | |
| 4 | Griswold | | | |
| | 1) Rush, Keith 12 | 2) Ridlen, Brandon 12 | 3) Jahnke, Chase 09 | 4) Meek, Jamie 11 |
| | 5) Cousins, Landon 11 | 6) Hoffman, Jared 12 | | |
| 5 | Guthrie Center | | | |
| | 1) Albright, Jordan 12 | 2) Lacey, Jake | 3) Robson, Dylan 10 | 4) Osen, Trevor 11 |
| | 5) Immerman, Brick 10 | 6) Clark, Justin 10 | | |
| 6 | B-G-M, Brooklyn | | | |
| | 1) VanSant, Denzel 11 | 2) Faas, Matt 12 | 3) Roudabush, John 11 | 4) Beck, John 10 |
| | 5) Lastovka, Sean 11 | 6) Foster, Travis 10 | | |
| 7 | George-Little Rock | | | |
| | 1) Voss, Zach 11 | 2) Van Briesen, Mitch 11 | 3) Eben, Andrew 12 | 4) Timmerman, Eric 12 |
| | 5) Nagel, Matt 09 | 6) Van Briesen, Ethan 10 | | |
| 8 | AGWSR, Ackley | | | |
| | 1) Johnson, Evan 10 | 2) Woodman, Pete 10 | 3) Heetland, Trent 12 | 4) Guevara, Cesar 11 |
| | 5) Jimenez, Alexis 09 | 6) Drake, Parker 11 | | |

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa

Drake Stadium

Meet Program

Event 117 Boys High Jump 1A

Friday 5/22/2009 - 9:00 AM

Once event done-bring results to Results RM Press Box 2nd Floor

State Record: 6-11 5/19/2006 Ehi Oamen, Hinton

All-Time: 7-03.50 1981 Brian Tietjens, North Central, Manly

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Reichenauer, Kenny	11	Belmond-Klemme	
2	Blair, Josh	10	Odebolt-Arthur	
3	Welch, Chris	12	Moulton-Udell	
4	Meis, Connor	09	Treynor	
5	Stevens, Travis	11	Exira	
6	Peterson, Tyler	12	Lenox	
7	Miller, Anthony	11	Akron-Westfield	
8	Cress, Jordan	10	Olin	
9	Herrick, Brandon	12	Fremont-Mills, Tabor	
10	Baker, Ethan	12	Mount Ayr	
11	Baughman, Jake	12	Preston	
12	Nagel, Matt	09	George-Little Rock	
13	Steinkamp, Greg	12	Southern Cal, Lake City	
14	Jones, AJ	11	Northern University High	
15	Davis, Emery	12	Winfield-Mt. Union	
16	Gillaspie, Kody	12	Westwood, Sloan	
17	VanDyke, TJ	10	Madrid	
18	Brooks, James	12	Belmond-Klemme	
19	Hantelman, Travis	10	Armstrong-Ringsted	
20	Bellaphant, Charles	10	Woodward Academy	
21	Wedemeier, Tyler	12	West Central, Maynard	
22	Van Wyk, Josh	12	Lynnville-Sully	
23	Abrahamson, JC	09	Sigourney	
24	Goins, Kris	12	Pleasantville	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
 Drake Stadium
 Meet Program

Event 125 Boys Long Jump 1A

Thursday 5/21/2009 - 9:00 AM

3 preliminary jumps - Top 8 advance to finals

3 final jumps

Once event done-bring results to Results RM Press Box 2nd Floor

State Record: 23-01 1997 Tim Dodge, Rockwell-Swaledale
 All-Time: 24-05 1984 Chris Walker, Davenport Central

Pos	Name	Year	School	Seed Mark
Flight 1 of 2 Finals				
1	Huntley, Heath	11	Sidney	
2	Crouch, Triston	11	Sidney	
3	McCarty, Kyler	11	Walnut	
4	Bacon, Scott	12	Pleasantville	
5	Harris, Josh	12	Adair-Casey	
6	Kerscher, Justin	10	Central City	
7	Mechaelsen, Marcus	09	Northeast Hamilton, Blairsburg	
8	Bruton, Kaden	11	Van Meter	
9	Schubert, Jarred	12	Rockford	
10	Klett, Austin	11	Clay Central-Everly	
11	Winter, Brad	11	Turkey Valley, Jackson Junctio	
12	Ivey, Michael	11	St. Mary, Storm Lake	
Flight 2 of 2 Finals				
1	Davidson, Trevor	12	Northwood-Kensett	
2	Tompkins, Mason	12	Montezuma	
3	Nielsen, Dylan	12	Central City	
4	Williams, Ta'Mone	11	Northern University High	
5	Huggenberger, Kyle	12	Hinton	
6	Bishop, Mike	09	Sigourney	
7	Nunez, A.J.	12	West Harrison, Mondamin	
8	Martin, Jon	12	New London	
9	Kerns, Nate	12	Westwood, Sloan	
10	Matthewson, Cody	12	Madrid	
11	Syndergaard, Jarod	11	South O'Brien, Paullina	
12	Hobbs, Ridge	12	New London	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

**Des Moines, Iowa
Drake Stadium
Meet Program**

Event 133 Boys Discus Throw 1A

Friday 5/22/2009 - 11:30 AM

3 preliminary throws - Top 8 advance to finals

Final: 3 final throws

Once event done-bring results to Results RM Press Box 2nd Floor

State Record: 185-04 1986 Scott Phelps, Kingsley-Pierson

All-Time: 207-08 1978 Scott Crowell, Mason City

Pos	Name	Year	School	Seed Mark
Flight 1 of 2 Finals				
1	VandeVoort, Seth	11	Des Moines Christian	
2	Bryan, Damon	11	Montezuma	
3	Jacobsen, Dalton	09	Audubon	
4	Little, J.J.	11	Wapsie Valley, Fairbank	
5	Pappas, Taylor	12	Corning	
6	Goeller, Alex	09	Wapsie Valley, Fairbank	
7	Miller, Dylan	12	Fremont-Mills, Tabor	
8	Tolander, Jake	12	Winfield-Mt. Union	
9	Schroeder, Corrie	11	Lawton-Bronson	
10	Brown, Aaron	12	New London	
11	Kelly, Sean	12	Wayne, Corydon	
12	Dietrich, Tyler	12	H-L-V, Victor	
Flight 2 of 2 Finals				
1	Simmons, Eric	10	Madrid	
2	Hangartner, Austin	11	Postville	
3	Day, David	09	Treynor	
4	Blessington, Mark	12	Southern Cal, Lake City	
5	Roseen, Alex	12	Marcus-Meriden-Cleghorn	
6	Nemechek, Tim	10	Central, Elkader	
7	Kruger, Dan	12	West Hancock, Britt	
8	Straub, Joe	12	Bishop Garrigan, Algona	
9	Ter Wee, Brendan	10	West Lyon, Inwood	
10	Thompson, Mitch	12	West Monona, Onawa	
11	Lambson, Cade	10	Mount Ayr	
12	Betz, Tyler	12	Ventura	

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa

Drake Stadium

Meet Program

Event 141 Boys Shot Put 1A

Thursday 5/21/2009 - 11:30 AM

3 preliminary throws - Top 8 advance to finals

Final: 3 final throws

Once event done-bring results to Results RM Press Box 2nd Floor

State Record: 60-10.25 1975 BOb Feurerbach, Preston

All-Time: 70-11 1968 Doug Lane, Cedar Rapids Jefferson

Pos	Name	Year	School	Seed	Mark
Flight 1 of 2 Finals					
1	Taylor, Cody	12	Springville		
2	Mckenzie, Jake	12	Treynor		
3	Pappas, Taylor	12	Corning		
4	Day, David	09	Treynor		
5	White, Remington	11	Keota		
6	Ter Wee, Brendan	10	West Lyon, Inwood		
7	Amdor, Dayton	11	CAM, Anita		
8	Pritchett, Dustin	09	Mount Ayr		
9	Meyer, Jordan	12	AGWSR, Ackley		
10	Moore, Cody	10	Woodward Academy		
11	Bondinello, Christian	11	Schaller-Crestland		
12	Germundson, Jesse	12	Rockford		
Flight 2 of 2 Finals					
1	Kruger, Dan	12	West Hancock, Britt		
2	Simmons, Eric	10	Madrid		
3	Eversmeyer, Nick	12	Wapello		
4	Wefel, Sean	12	Clarksville		
5	Hangartner, Austin	11	Postville		
6	Gillaspie, Kody	12	Westwood, Sloan		
7	Scott, Greg	12	Westwood, Sloan		
8	Rochford, John	11	Central City		
9	Lambson, Cade	10	Mount Ayr		
10	Brown, Aaron	12	New London		
11	Blessington, Mark	12	Southern Cal, Lake City		
12	Simons, Andrew	12	West Lyon, Inwood		

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009

Des Moines, Iowa
Drake Stadium
Meet Program

Event 154 Boys 4x110 Meter Shuttle Hurdle 1A

Thursday 5/21/2009 - 2:00 PM

Prelim: Sections against time, top 8 to final

33" hurdle set on blue triangle, alt direction, #6 pull

1/3 runner south lane 1/3/5/7, 2/4 runner North lane 2/4/6/8

Final: Sections against time

State Record: 58.15

All-Time: 58.15

Lane	Team	Relay	Seed Time
Heat 1 of 6 Prelims			
1	Guthrie Center		
	1) Clark, Justin 10	2) Bolton, Marcus 09	3) Lacey, Jake
	5) Albright, Jordan 12	6) Wilson, Jesse 11	4) Clark, Brandon 10
3	Alburnett		
	1) Lagerquist, Tyler 11	2) Dierks, Ollie 11	3) Thomas, Brett 11
	5) German, Alex 09	6) Gross, Collin	4) Burns, Kollin 09
5	Lake Mills		
	1) Schutter, Ethan 12	2) Harmon, Jerod 12	3) Gaskill, Marcus 10
	5) Grunhovd, Alex 10	6) Banwart, Jordan 12	4) Olson, Jack 12
7	Essex		
	1) Duckett, Chase 12	2) Heinhold, Chase 12	3) Ross, Dylan 11
	5) Kinney, Cameran 09	6) Kinney, Colby 11	4) Birt, Marcus 12
Heat 2 of 6 Prelims			
1	Wapsie Valley, Fairbank		
	1) Rathe, Mike 11	2) Wenger, Jacob 11	3) Close, Ben 10
	5) Macken, Jon 11	6) Gaul, Brian 09	4) Erickson, Andy 11
3	Southern Cal, Lake City		
	1) Hildreth, Aaron 12	2) Green, Brian 10	3) Richardson, Kelan 12
	5) Vogel, Eric 12	6) Hicks, Cody 10	4) Steinkamp, Greg 12
5	Galva-Holstein		
	1) Thoreson, Tyson 10	2) Schlinz, Jared 12	3) Jacobson, Kellen 12
	5) Wessling, Kyle 09	6) Johnson, Seth 09	4) Bubke, Collin 12
7	Pleasantville		
	1) Bacon, Scott 12	2) Allen, Kyle 12	3) Adreon, Clint 11
	5) Murphy, Colton 11	6) Burgett, Jake 09	4) Goins, Kris 12
Heat 3 of 6 Prelims			
1	Woodward Academy		
	1) Cross, Shane 12	2) Newsome, Greg 10	3) Harris, Khalil 11
	5) Letman, Brandon 11	6) Terrell, Brandon 10	4) Berry, Cody 11
3	Keota		
	1) Sieren, Tyler 11	2) Horning, Dillon 11	3) Sieren, Casey 09
	5) Romoser, Matt 10	6) Olson, Nick 11	4) Altenhofen, Ryan 11
5	West Lyon, Inwood		
	1) Doorneweerd, Cody 12	2) Rice, Swen 11	3) Stai, Brian 12
	5) Hassebroek, Beau 10	6) Knutson, Kyle 10	4) Kippley, Randy 12
7	Montezuma		
	1) Stanford, Bryan 10	2) Bushong, Victor 11	3) Vavroch, Stephen 09
	5) Kercheval, Jake 12	6) Roorda, Spencer 10	4) Hicks, Dalton 11

Iowa State Track & Field Championships 2009 - 5/21/2009 to 5/23/2009**Des Moines, Iowa
Drake Stadium
Meet Program****Heat 4 of 6 Prelims...(Event 154 Boys 4x110 Meter Shuttle Hurdle 1A)**

- | | | | | |
|---|--------------------------------|-----------------------|----------------------|------------------------|
| 1 | Winfield-Mt. Union | | | |
| | 1) Atkinson, Wes 10 | 2) Price, Dillion 11 | 3) Davis, Emery 12 | 4) Unkrich, Kerry 11 |
| | 5) Haines, Trent 10 | 6) Reynolds, Cory 12 | | |
| 3 | North Tama, Traer | | | |
| | 1) Wrage, Jeremy 11 | 2) Weida, James 11 | 3) Boerm, Brendon 10 | 4) Youel, Dylan 11 |
| | 5) Mask, Jordan 09 | 6) Kvidera, Taylor 12 | | |
| 5 | West Hancock, Britt | | | |
| | 1) Kronemann, Ethan 11 | 2) Ramos, Chris 10 | 3) Gremmer, Greg 09 | 4) Carlson, Jake 11 |
| | 5) Brown, Richie 12 | 6) Patterson, Sam 11 | | |
| 7 | Southeast Warren, Liberty Cent | | | |
| | 1) Mason, Torey | 2) Baldwin, Matt 11 | 3) Beck, grant 10 | 4) Thornton, Skylar 12 |
| | 5) Allen, Austin | 6) Davis, Carl 09 | | |

Heat 5 of 6 Prelims

- | | | | | |
|---|-------------------------|-----------------------|------------------------|-------------------------|
| 1 | Central, Elkader | | | |
| | 1) Tade, Zack 10 | 2) McGreal, Jacob 12 | 3) Backes, Matt 10 | 4) Tajaran, Geoffrey 10 |
| | 5) Slaght, Logan 09 | | | |
| 3 | Griswold | | | |
| | 1) Mosier, Tyler | 2) Cousins, Landon 11 | 3) Schoning, Jared 09 | 4) Vetter, Jacob 12 |
| | 5) Rush, Keith 12 | 6) Muhlbauer, Garrett | | |
| 5 | Marcus-Meriden-Cleghorn | | | |
| | 1) Mayrose, Chris 10 | 2) Nelson, Lukas 12 | 3) Boekhout, Jordan 12 | 4) Hanson, Will 11 |
| | 5) Bunt, Neal 10 | 6) Erdman, Blake 10 | | |
| 7 | New London | | | |
| | 1) Ebeling, Kaleb 12 | 2) Hobbs, Jade 11 | 3) Allen, Austin 10 | 4) Fry, Ben 12 |
| | 5) Oliver, Chris 12 | 6) Brown, Aaron 12 | | |

Heat 6 of 6 Prelims

- | | | | | |
|---|-------------------------|------------------------|---------------------|------------------------|
| 1 | Odebolt-Arthur | | | |
| | 1) Down, Tyler 11 | 2) Wunschel, Kyle 11 | 3) Reik, Quinn 10 | 4) Schaefer, Josh 09 |
| | 5) Hemer, Colton 09 | 6) Bengford, Tanner 11 | | |
| 3 | North Sentral Kossuth | | | |
| | 1) Rock, Chris 12 | 2) Pedersen, Blake 11 | 3) Ricke, Jordan 10 | 4) Guerdet, Dalton 12 |
| | 5) Bierstedt, Austin 09 | 6) Bernhard, Dillon 12 | | |
| 5 | Colo-Nesco | | | |
| | 1) Larsen, Austin 10 | 2) Eley, Brandon 10 | 3) Lawson, Erik 11 | 4) Warren, Jake 12 |
| | 5) Lawson, Anthony 09 | 6) Jamison, Ethan 09 | | |
| 7 | Fremont-Mills, Tabor | | | |
| | 1) Fichter, Jeremiah 11 | 2) Desormeaux, Zach 11 | 3) Ware, Thomas 12 | 4) Herrick, Brandon 12 |
| | 5) Miller, Dylan 12 | 6) Scarborough, AJ 09 | | |